



Copper Tans

SALON

9 7 3 - 9 2 7 - 6 1 7 0

38 Rt. 10 West Succasunna NJ 07876

PLEASE FOLLOW THESE INSTRUCTIONS PRIOR TO YOUR SPRAY TAN APPOINTMENT:

- Shower and exfoliate your entire body thoroughly. Spend a little extra time on knees, elbows, feet and hands. It is best that your appointment be 24 hours after any waxing, shaving, or use of any depilatory creams.
- Do NOT apply moisturizers, deodorants, antiperspirants, oils, or makeup/perfumes to your skin after you shower as they can create a barrier, preventing the absorption of the tanning solution and effecting the tan development, causing orange tones.
- Remove makeup, eyeglasses, and jewelry. Wear a dark snug fitting bathing suit (or your garment of preference) to be sprayed in. The solution washes out of most clothing, but we cannot guarantee that it will.
- Wear dark, loose clothing and loose shoes to your appointment. Do not wear white clothing or tight jeans. Do not wear wool, Lycra, spandex, nylon or silk during or after your spray tan application as those materials may stain and cause excess perspiration.
- Schedule your hair, nail, wax or massage appointments 24 hours prior to your spray tan appointment.
- Tell your tan technician if you have never used a product containing DHA (commonly found in sunless tanners). If you are unsure if you are allergic to DHA, ask for a patch test.
- DO wait 6 to 12 hours minimum after your spray tan appointment to do a warm water rinse. (Soap may stop the full development of DHA.)
- DO moisturize as much as you can.
- DO pat your skin dry after each shower, and avoid excess rubbing.
- DO drink plenty of water to keep your skin hydrated.
- DO remember to wear extra protection in the sun.
- Use a straw while drinking until spray tan dries, be extra careful brushing your teeth as well.

THE FOLLOWING ARE PRODUCTS OR PROCESSES THAT MAY HARM YOUR SPRAY TAN:

- DO NOT moisturize until after your first shower.
- DO NOT swim for 6 to 12 hours after your spray tan appointment. BE AWARE that soaking in salt water, chlorine or hot baths can rapidly exfoliate and fade your tan and dry out your skin. Some users have found that Dove products, and any store brands with high alcohol content may fade a spray tan.
- DO NOT exfoliate for at least 48 hours. When you do exfoliate, remember to do so gently and evenly to preserve an even, sunless tan. DO NOT use loofahs, loofah gloves or exfoliating products. Use a soft wash cloth.
- DO NOT wear tight fitting clothing or jewelry until after your warm water rinse.
- DO NOT sit directly on leather or light fabric seats or furniture after your spray tan.
- DO NOT exercise or get wet until after your post tan shower. Excessive perspiration can hinder the tanning process.
- DO NOT use lotions with Alpha Hydroxy Acids as their purpose is to increase exfoliation.
- DO NOT use waxing products, hair inhibiting lotions or creams, depilatory hair removers, body hair bleaching, Retin-A, Renova, Tri-Luma and skin bleaching products. DO NOT use acne or skin products containing benzoyl peroxide, salicylic acid, alpha hydroxy acid (AHA's), beta hydroxy acids (BHA's), malic or lactic acid. DO NOT use products containing alcohol or witch hazel.
- DO NOT use microdermabrasion, facial scrubs, masks and peels, body moisturizers or shower gels that contain petroleum or mineral oil bases.

Sunless After Care

EXTENDING & ENHANCING TIPS

- Wear dark, loose fitting clothes for the initial 6-8 hour “setting period”. DHA can take up to 24hrs to develop.
- Do not wear wool, nylon or silk fabrics until after your first shower.
- Wait a minimum of 6 hours before you warm water rinse, swim or exercise.
- Don't worry if you see color washing off from your first shower - this is the immediate cosmetic bronzer. What is left behind is a beautiful, sunless tan.
- Cleanse your skin daily with a Sunless Moisture Wash, starting after your first shower.
- Moisturize daily with a Sunless Extender, starting after your first shower.
- Even out and intensify results with Professional Sunless Self Tanner Lotions.

CORRECTING SUNLESS STAINS

- Correct potential stains with a sunless corrector kit, lemon juice, whitening toothpaste, or baby oil.

FACTORS AFFECTING YOUR SUNLESS TANNING RESULTS

There are many variables that affect the quality of a sunless tan. Two individuals can receive the exact same sunless treatment and experience very different results. The following are some of the key factors that affect sunless tanning.

- Please be aware that a women's tan may also develop differently during various hormonal changes (ovulation, menstruation, pregnancy). It may be streaky, patchy, fade unevenly, or produce lighter color.
- People with oily skin tend to develop a lighter tan than people with dry skin. The oils can coat the skin; dry skin absorbs products faster.
- Please remember that everyone's skin type is different. The above products may not harm your tan at all, where as it may make someone else's fade faster.
- Skin Type – Sunless color reacts differently with different skin types. What may appear as a deep, dark color on one person may look more golden on another person. Also, in general, tanners with darker skin tones will experience darker sunless tanning results. The only way to know for sure how a sunless tan is going to look on someone's skin is to do a spot test prior to application

SUNLESS PRODUCT AND SPRAY SOLUTION STORAGE – For best results, sunless products should be stored in a cool, dry place and protected from prolonged exposure to heat. In addition, sunless products should be tightly capped between uses to minimize exposure to oxygen. At-home sunless solutions and sprays should be used within 6-12 months. Sunless products that age beyond the recommended usage period, or are exposed to heat or air for prolonged periods, may decrease in effectiveness or change color or fragrance. If your product has a greenish hue, it is time to throw it away.

A full line of Professional Products are available for purchase at Copper Tans Salon. Help maintain, prolong, touch up, hydrate, and exfoliate the skin to keep your spray looking its best.